



Come near to God and he will come near to you. James 4:8



## *Bible Study:*



Read Luke 10:38-41. Martha worked hard to serve Jesus and take care of all the details. Mary chose to sit at Jesus' feet and listen to Him. As Martha became overwhelmed and upset, she asked Jesus to tell Mary to help her. Jesus gently reminded Martha that while her service mattered, Mary had chosen what was better—spending time in relationship with Him. Jesus taught that spending time with Him is the most important thing and is never wasted.

## *The gospel in the story:*



Martha was trying to serve Jesus out of effort and responsibility, but her busyness stole her peace. Mary received from Jesus—listening, learning, and resting in His presence. The Gospel tells us that Jesus does not love us because of our work; He loves us because of who He is. We don't earn God's approval through service—Jesus has already done the work for us through His life, death, and resurrection.

Because of the Gospel, we are invited first into **relationship**, not performance. Good works flow from being close to Jesus, not the other way around.

## *Application:*

### *Head:* **What did we learn?**

**Q:** Was Martha doing something wrong? **A:** No. Serving others is good as long as it doesn't replace time with Jesus.

**Q:** Why did Jesus say Mary chose "what is better"? **A:** Time with Him helps us grow up spiritually.

**Q:** How can we "sit at Jesus' feet" today? **A:** By reading the Bible, praying together, listening for God's truth, and slowing down to be with Him.

### *Heart:* **Memory verse**

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### *Hands:* **How does this affect the way I live?**

This week, consider how your family makes space to be with Jesus as Martha did. Being with Jesus is more than just talking *about* Him or working *for* Him. Consider choosing one moment this week to slow down and be present with God as a family, by taking turns telling an appreciation story about a time of being close with Jesus.